

CONCEPT CHECK

- When a negative event occurs to an individual, what criteria would you use to distinguish between a normal emotional reaction and an adjustment disorder?
- What are the five categories of clinical symptoms that describe acute stress disorder?
- PTSD results from an experienced threat. What are some of the common traumatic stressors?
- How are specific areas of the brain involved in PTSD?
- What are the most effective therapies for PTSD? Give three examples, and explain the focus of each related to treating PTSD.